



## TAKE AND MAKE: Finger Knitting

Ages 9-18

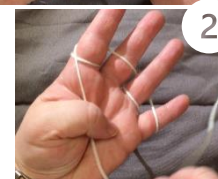


Watch the YouTube tutorial here: [https://youtu.be/xJ0lqs\\_BoLg](https://youtu.be/xJ0lqs_BoLg) or use the QR code.

**Supplies Included:** Yarn

**Supplies Needed (from home):** Your fingers!

1. Take the end of the yarn and loop it around the pointer finger of your non-dominant hand (if you are right-handed, tie the knot around the pointer finger of your left hand; if you are left-handed, tie the knot around the pointer finger of your right hand). Optional: Tie a knot to keep the yarn loop in place.
2. On the same hand with the knot, weave the yarn around your fingers. Go behind your middle finger, in front of your ring finger, around your pinky, behind your ring finger, in front of your middle finger, and behind your pointer finger.
3. Repeat the weaving pattern so that you have two loops of yarn around each finger.
4. You want the loops of yarn around your fingers to be loose enough to slide off your fingers but tight enough that they don't fall off accidentally. Use your thumb to hold the loose end of the yarn tight.
5. Take the bottom loop of yarn on your pinky finger and pull it over the top loop of yarn and off your finger. You should have only one loop of yarn on your pinky finger.
6. Repeat for each of your fingers. Pull the bottom loop of yarn over the top loop and off your fingers.
7. Push the remaining loop of yarn on each finger down toward the base of your fingers. They are now the bottom loops of yarn.
8. Repeat steps 3-8 until you're ready to be done with your finger knitting.
9. To cast off (or end your project), cut the yarn so you have about three inches left. Thread the end of the yarn through the loop of yarn on each finger, starting with the pointer finger and ending with the pinky.
10. Pull each loop of yarn off your fingers and pull the loose end tight. Tie the end of the yarn in a knot around one of the loops of yarn to fasten. Cut off the extra "tail" of yarn.



11. If you would like to take a break while working on your knitting, use a long, rounded object (a pen, pencil, chop stick, or knitting needle). Slide the loops of yarn off your fingers and onto object and put in a safe place until you're ready to start finger knitting again.

12. To restart your project, slide the loops of yarn back onto your fingers. Remember that the loose end of thread will be on your pointer finger and that the knitting will lay against the back of your hand. Repeat steps 3-8 to continue knitting.